Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Block\_\_\_\_\_\_\_

Mental and Emotional Problems

Chapter 5 Review

Write a vocab word to answer each question

1. Which disorder includes depression and bipolar disorder?
2. Which term is often associated with mental disorders and causes many people to feel embarrassed and ashamed?
3. Which term describes medical conditions that require diagnosis and treatment just like any physical illness?
4. Which is one of the most common mental health problems among children and teens?
5. A series of suicides that take place all at one time?
6. A treatment process that focuses on changing unwanted behaviors?
7. A treatment method for a group of people who have similar problems?
8. The use of certain medications to treat or reduce the symptoms of a mental disorder?
9. A treatment method designed to identify and correct distorted thinking patterns that can lead to feelings and behaviors that may be troublesome, self-defeating or self-destructive?
10. List **seven** different mental disorders and briefly identify the **effects** and **sub-types** of each.
11. Why would alcohol or drugs make self-destructive behavior more likely?
12. List two risk factors that are characteristic of more than 90% of people who kill themselves?
13. What are four other **risk factors** of suicide?
14. Why is it important to recognize the warning signs of suicide?
15. What does ACT stand for in relation to suicide?
16. Name four feelings or behaviors that suggest a teen may be experiencing mental or emotional problems and needs help?
17. Name two early and two late **warning signs** of suicide?
18. What is the one thing you should never do if someone tells you that they are thinking of suicide?